



The orange lines/arrows show the approximate route of the course. Note the new start/finish, only a few hundred metres from the old one but giving a much flatter and more open start area. Approximate length of the lap – 4km. One lap for the U17/U15/U13 race at 2:30pm. Two laps for the Senior/U20 race at 3:00pm.

Car parking restrictions apply in the area from Belgrave Hall to the Common – you'll need to use "pay & display". If you're early you may find a free space in The Causeway next to the southern part of the course. There should be plenty of parking space at The Windmill which would then involve a ten minute jog to the start/finish.