

incorporating the **Surrey County 5km Road Race Championship**

Run under UK Athletics rules – SEAA Permit applied for – Starting and finishing in Cottenham Park Road, Wimbledon

Sunday 9th August 2009 – Start 10:00am

- Open 5km road race, incorporating the Surrey County Championship and the final race in the 2009 Surrey Road League series.
- Two lap course with kilometre markers.
- “Closing” date 3rd August (or earlier if 400 entries received – check website for latest information).
- We will post your race number to you (no SAE required) but your number must be collected on the day if your entry is received after 3rd August.
- Changing, toilets, registration, presentation and refreshments at:
Belgrave Hall, Denmark Road, off Ridgway, Wimbledon (ten minutes jog from the start).
- Individual prizes in the Open Race will be presented by **2XU** for both men and women to the value of: 1st – £40, 2nd – £20, 3rd – £10.
- First team prizes will be presented by **2XU** for both men’s and women’s teams in the Open Race to the value of £30.
- Surrey County medals will be awarded for the first three individual places in the Surrey County A.A. Championship for Senior Men and Senior Women. Surrey County medals will also be awarded for first place only to Surrey County A.A. qualified veteran runners in the following age categories M40, M50, M60, W35, W45, W55. For Surrey qualification rules – see * below.
- Surrey County team medals will be awarded for the first three men’s and first three women’s teams in the Surrey County A.A. Championship. For Surrey qualification rules – see * below.
- In both the Open Team race and Surrey County Team race the result will be calculated using finish positions of the first three eligible runners from each club. Team entry is not necessary.
- Entry fee for each runner – £5 (£7 if not registered with England Athletics) or £7 (£9 if not registered with England Athletics) on the day if race limit has not been reached. Cheques must be made payable to Belgrave Harriers.
Send entries to The Event Secretary, 29 Kingston Road, Ewell, Epsom, Surrey KT17 2EG.
- If planning to enter on the day, check the website first to ensure that further entries will be allowed.
- Visit www.belgraveharriers.com for further downloadable entry forms, course map, latest information and race results. Email for enquiries – info@belgraveharriers.com.
- **2XU** will be at Belgrave Hall after the race for sales and to advise on the use of their range of compression clothing.

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Please complete the entry details below in block letters

Name:	England Athletics Registration No:

Address:	

	Postcode:

Athletics Club:	Male/Female:

Date of birth:	Age on race day:

Email address:	Telephone no:



* To be eligible to take part in the Surrey County 5 km Championship you must have been born in Surrey or have lived in Surrey for the last nine months. In either case you must not have represented another county or competed in another county's championships during the current calendar year. If you have previously competed in a Surrey County championship then you retain eligibility, even if you now live outside the County, as long as you have not since represented another county or competed in another county's championships. For a full description of county eligibility, see UKA Rule 9 COUNTY QUALIFICATION (ENGLAND AND WALES) or go to <http://www.surreyathletics.org.uk/qualification/qualification.htm>

Are you eligible to compete in the Surrey County Championship? **YES / NO**

I declare that: 1) I am an amateur as defined by UK Athletics. 2) I will abide by the Laws and Rules of Competition of UK Athletics. 3) I will be 17 years of age or older on race day. 4) I understand that Belgrave Harriers and any patron or body involved in the organisation of the event will not be held liable for any injury, loss or illness however occasioned from the event. 5) I will not participate unless I am fit to run. 6) I do not object to Belgrave Harriers holding personal data from this entry form on computer for the purposes of race administration only.

Signed

Date

Official use only

Date received:

Race number: