

# London Inter-Club Challenge Meeting 2, Barnet Copthall, Saturday 29 May 2004

## Men

100m race 1 wind -2.7 mps

1	M Hanson	E&H	11.15
2	A Doherty	guest	11.17
3	M Otubambo	E&H	11.66
4	Y Mansaray	guest	11.66
5	P Eeboh	guest	11.67
6	P Octave	SB	11.68
7	L Achike	SB	11.73
8	J Greenidge	WG&EL	11.78

100m race 2 wind +1.1 mps

1	K Adjepong	Belg	11.44
2	M Guevara	E&H	12.10
3	D Williams	E&H	12.61

100m race 3 wind -1.2 mps

1	G Smith	SB	11.85
2	J Lever	SB	11.88
3	B Card	guest	12.24
4	A Abiri	Belg U20	12.51
5	R Collier	Belg U20	12.56

100m race 4 wind -1.5 mps  
run with Young Athletes race 1

1	F Antonia	SB	12.71
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200m race 1 wind +1.6 mps

1	P Octave	SB	22.61
2	M Otubambo	E&H	23.09
3	G Smith	SB	23.10
4	S Adepegba	SB	23.23

200m race 2 wind +1.6 mps

1	K Adjepong	Belg	23.48
2	S Baptiste	guest	23.49
3	B Caird	guest	24.08
4	A Abiri	Belg U20	25.02
5	R Collier	Belg U20	25.28

200m race 3 wind +1.5 mps  
run with Young Athletes boys race 2

1	J Lever	SB	24.59
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400m

1	I Deeth	Belg	48.95
2	K Deighton	WG&EL	50.88
3	C Rukundo	SB	51.02
4	T Adams	E&H	52.83
5	N Ossai	SB	53.10
6	P Hall	E&H	54.97
7	C Doyun	SB	56.34
8	P Cowling	Belg U20	58.03

800m

1	R Ashe	Belg	1.52.66
2	A Dean	SB	1.53.66
3	N Ursell	guest	1.59.67
4	D Mobbs	guest	2.34.15

1 mile

1	S Wegmann	Belg	4.32.05
2	S Mitchell	E&H	4.32.18
3	M Humphrey	Belg	4.44.38
4	T Parkin	SB	4.44.98
5	D Sacks	guest	5.00.50

3000m

1	P Torre	SB	13.41.6
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3000m Walk (non-scoring)

1	N Silvester	E&H	14.01.15
2	G Chapman	guest	14.21.39
3	P Cassidy	guest	15.39.17
4	T Bell	guest	17.10.08
5	R Powell	E&H	17.26.73
6	D Sharpe	guest	18.26.11
7	J May	guest	19.10.30
	J Hall	Belg	dnf
	P Warburton	Belg	dnf

110mH wind -1.7mps

1	M Winship	E&H	15.78
2	A Beech	guest	19.34

400mH

1	Roghi	guest	54.77
2	M Winship	E&H	55.37

2000m SC

1	S Barden	Belg	5.58.09
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HJ

1	R Collier	Belg U20	1.65
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PV

1	S Leader	E&H	4.00
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LJ

1	H Tojuedun	E&H	6.78
2	A Abiri	Belg U20	6.34
3	J Lever	SB	6.10
4	N Adams	E&H	5.99
5	M Guevara	E&H	5.68
6	P Cowling	Belg U20	5.41

TJ

1	C Huggins	Belg	13.06
2	N Okolo	SB	12.65
3	A Harrington	SB	12.63
4	N Fox	SB	12.15

DT

1	N Thompson	SB	49.30
2	C Sagers	E&H	42.61
3	C Gordon	SB	35.99
4	C Privett	Belg	33.02
5	M Marsden	Belg	32.37

HT

1	C Sagers	E&H	59.75
2	J Joseph	E&H	45.32
3	N Fogg	SB	42.62
4	C Privett	Belg	40.15
5	F Harford	WG&EL	38.66

SP

1	C Sagers	E&H	13.70
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## Women

100m wind -1.2 mps  
run with Senior Men race 3

1	E Ania	SB	11.88
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100m wind +2.1 mps

1	C Harrison-Bloomfield	Belg W35	12.20
2	J Molloy	WG&EL	12.49
3	T Nubi	E&H	12.88
4	C Heafford	SB	13.15
5	N Adeleye	WG&EL U20	13.27
6	T Duncan	WG&EL	13.32
7	C-A Robinson	SB	13.74

200m wind -1.4 mps

1	S Scott	WG&EL	25.60
2	M Brown	WG&EL	26.01
3	C Heafford	SB	26.06
4	T Duncan	WG&EL	26.22
5	N Adeleye	WG&EL	26.60
6	unknown	WG&EL	27.82

400m

1	M Brown	WG&EL	56.69
2	C Blackburn	WG&EL	1.01.49
3	J Ankier	SB	1.01.80

800m

1	C Cutler	WG&EL	2.12.72
2	J Ankier	SB	2.12.77
3	B Pritchett	WG&EL V	2.16.13
4	S Gailey	Belg	2.31.34

1 mile (run with Senior Men)

1	B Pritchett	WG&EL	5.16.46
2	K Morser	WG&EL	5.19.06
3	D Kennedy	WG&EL	5.44.78

3000m run with Senior Men

1	L Goldsmith	SB	12.05.3
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3000m Walk (non-scoring)  
competing at same time as Senior Men

1	V Laver	Belg	16.03.56
2	M Noel	Belg	17.48.95

400mH  
run with senior men

1	H Stares	Belg	59.86
2	A Forsyth	Belg U20	1.05.56
3	Z Watson	WG&EL	1.08.26

2000m SC

1	S Walsh	guest	10.00.23
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LJ

1	N Williams	SB	5.68
2	L Polius	guest	5.29
3	M Nestor	Belg U20	5.15

TJ

1	N Williams	SB	12.37
2	C Stead	Belg	12.15
3	M Okwue	guest	11.96
4	H Arbuthnot	Belg	8.86

DT

1	N Dhalwal	SB	41.51
2	E Augee	WG&EL	34.57

HT 4kg

1	E Augee	WG&EL	47.59
2	H Arbuthnot	Belg	36.27

3kg

1	L Fogg	SB W50	25.97
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JT

1	J Grimstone	SB	39.72
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## Match 2 scores

Senior Men

1	Enfield & Haringey AC	103
2	Belgrave Harriers	99
3	Shaftesbury Barnet Harriers	92
4	Woodford Green AC with Essex Ladies	14

Senior Women

1	Woodford Green AC with Essex Ladies	91
2	Shaftesbury Barnet Harriers	67
3	Belgrave Harriers	55
4	Enfield & Haringey AC	6

## Challenge position after 2 matches

Senior Men

1	Belgrave Harriers	210
2	Shaftesbury Barnet Harriers	197
3	Enfield & Haringey AC	162
4	Woodford Green AC with Essex Ladies	14

Senior Women

1	Woodford Green AC with Essex Ladies	150
2	Shaftesbury Barnet Harriers	141
3	Belgrave Harriers	68
4	Enfield & Haringey AC	61

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## Young Athletes

### Boys

100m Boys race 1 ..... wind -1.5 mps  
 1 A Hannon..... SB U15..... 11.87  
 2 C Hardin..... SB U17..... 12.14  
 3 C Mukondoio ..... SB U15..... 13.82

100m Boys race 2 ..... wind -1.4 mps  
 1 C Mukondoio ..... SB U15..... 12.37  
 2 D Lewis ..... SB U15..... 13.02  
 3 T Ross..... SB U15..... 13.46  
 4 S Deaner..... SB U13..... 14.42  
 5 M Ajayi..... SB U11..... 14.84  
 6 J Anson..... SB U13..... 14.90  
 7 O McDonald ..... SB..... 16.09  
 8 C Hnochiri ..... SB U11..... 16.36

200m Boys race 1 wind +1.6 mps  
 run with Senior Men race 2  
 1 A Hannon..... SB U15..... 24.36

200m Boys race 2 wind +1.5 mps  
 1 S Deaner..... SB..... 28.87  
 2 J Anson..... SB U13..... 30.71  
 3 M Ajayi..... SB U11..... 31.24  
 4 O McDonald ..... guest..... 35.54

800m Boys race 1  
 run with Senior Men race 1  
 1 C Vidgen ..... SB U17..... 2.21.46  
 2 R Sambrook ..... SB U15..... 2.26.33

800m Boys race 2  
 1 K Moreland..... SB U13..... 2.38.70  
 2 A Mobbs ..... guest..... 2.39.45  
 3 B Depala ..... SB U17..... 2.42.09  
 4 A Bekele ..... SB U13..... 2.44.50  
 J Shelley ..... SBU15..... dq

HJ  
 1 F Antonia ..... SB U15..... 1.50  
 2 T Rose..... SB U15..... 1.45

LJ  
 1 C Hardie..... SB U17..... 6.25  
 2 D Lewis..... SB U15..... 5.50  
 3 N Okolo..... SB U15..... 5.34  
 4 N Fox..... SB U15..... 5.31  
 5 A Hannon ..... SB U15..... 5.08  
 6 J Ejehu..... SB U15..... 3.67

PV  
 1 J Gow ..... SB U17..... 2.50  
 2 J Grant..... SB U17..... 2.40

SP 4kg  
 1 O Jacobs..... SB U15..... 13.16

## Girls

### 100m Girls race 1 wind -2.0 mps

1 K Dumbar..... SB U15..... 14.21  
 2 R Akpan..... SB U15..... 14.24  
 3 D Sugarman ..... SB U15..... 14.47  
 4 A Dumbaya ..... SB U17..... 14.53  
 5 I Simmonds ..... SB U15..... 14.86  
 6 I Ajayi ..... SB U15..... 15.07  
 7 A Enoborg-Smith... SB U13..... 15.07  
 8 S Izzo ..... SB U11..... 16.96

100m Girls race 2 wind -1.0 mps  
 1 R Winthorpe..... SB U15..... 13.65  
 2 T Monu ..... SB U15..... 13.74  
 3 M Ajayi..... SB U15..... 13.78  
 4 T Oguntoye ..... SB U15..... 13.99  
 5 T Sanya ..... SB U15..... 14.18  
 6 J Monu ..... SB U17..... 14.40  
 7 L Parker ..... SB U17..... 14.41  
 8 C Morgan ..... SB U15..... 14.72

200m Girls race 1 wind +2.4 mps  
 1 K Dumbar..... SB U15..... 28.60  
 2 M Bovingdon..... SB U17..... 29.35  
 3 L Parker ..... SB U17..... 29.86  
 4 I Ajayi ..... SB U15..... 31.70  
 5 A Enobang-Smith.. SB U13..... 31.96  
 6 D Ogede ..... SB U15..... 32.39  
 7 C Musker ..... SB U13..... 33.15  
 8 L Ogunlana..... SB U13..... 40.17

200m Girls race 2 wind +2.1 mps  
 1 R Winthorpe..... SB U15..... 27.83  
 2 T Sanya ..... SB U15..... 28.81  
 3 H Shelley..... SB U17..... 29.14  
 4 E van Blannenstein . SB U15..... 29.62  
 5 R Akpan..... SB U15..... 29.74  
 6 A Dumbuya ..... SB U17..... 30.67  
 7 unknown ..... SB..... 30.75  
 8 K Phillips ..... SB U17..... 32.53

800m Girls race 1  
 run with Senior Women  
 1 L Collier ..... Belg U17..... 2.18.95  
 2 H Shelley..... SB U17..... 2.28.73

800m Girls race 2  
 1 S Risner..... SB U15..... 2.31.14  
 2 M Bovingdon..... SB U17..... 2.31.19  
 3 E van Blankenstein SB U15..... 2.36.76  
 4 E Layton ..... SB U15..... 2.37.38

PV  
 1 K Mackintosh..... WG&EL U17 ..... 2.70