

London Inter-Club Challenge Meeting 3, Millennium Stadium Battersea Park, Saturday 26 June 2004

Men

100m race 1 wind +0.5

1	H.Ogunyemi.....	E&H	10.80
2	R.Moseley.....	SBH	10.82
3	M.Hanson.....	E&H	10.90
4	A.Mensah.....	SBH	10.95
5	M.Awanah.....	B'heath & B guest	11.28
6	N.Ossai.....	SBH	11.38
7	J.Greenidge.....	WG&EL	11.39

100m race 2 wind -0.5

1	K.Appiah.....	E&H	11.41
2	M.Otubambo.....	E&H	11.46
3	J.Lever.....	SBH	11.73
4	J.Hopkins.....	E&H	11.74
5	O.Ogunchukwu.....	SBH	12.77
	P.Octave.....	SBH	dns
	D.Williams.....	E&H	dns

200m race 1 wind -1.0

1	R.Moseley.....	SBH	22.21
2	M.Hanson.....	E&H	22.48
3	A.Mensah.....	SBH	22.68
4	A.Couffe.....	France guest	22.69
5	K.Appiah.....	E&H	22.93
6	P.Octave.....	SBH	23.23
7	J.Greenidge.....	WG&EL	23.78

200m race 2 wind -0.7

1	M.Otubambo.....	E&H	22.92
2	N.Ossai.....	SBH	23.04
3	J.Lever.....	SBH	24.11
4	A.French.....	guest	25.03
5	I.Ikeagwu.....	guest	25.87

400m

1	K.Appiah.....	E&H	49.33
2	P.Octave.....	SBH	49.47
3	J.Hopkins.....	E&H	50.07
4	C.Rukundo.....	SBH	51.31
5	J.Roghi.....	guest	52.21
6	A.French.....	guest	54.89

800m

1	D.Marsden.....	guest	2:00.11
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1500m

1	E.Malloch.....	SBH	4:04.86
2	A.McGirvan.....	Ealing guest	4:04.87
3	C.Axe.....	Belg	4:11.15
4	K.Hegvold.....	Belg M40	4:14.03
5	R.Marcus.....	Belg	4:25.66

3000m

1	E.Malloch.....	SBH	8:28.12
2	A.McGirvan.....	Ealing guest	8:58.79
	D.Marsden.....	guest	dnf

110m Hurdles wind -0.8mps

1	C.Akpabio.....	WG&EL	14.99
2	C.Gordon.....	SBH	20.59
3	O.Ogilwukwu.....	SBH	21.76

3000m Walk

1	C.Lawton.....	Belg M50	15:41.75
	P.Warburton.....	Belg	dnf

LJ

1	S.Phillips.....	Rugby guest	7.54/+1.5 (x, x, 6.86/+1.3, 7.42/+1.7, x, 7.54/+1.5)
2	J.Flynn.....	Belg	6.57/+0.8
3	A.Kneller.....	Belg	6.50/-0.6

TJ

1	C.Huggins.....	Belg	12.77
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PV

1	L.Walker.....	Crawley guest	5.00
2	R.Thickpenny.....	TVH guest	4.30

SP

1	A.Soalla-Bell.....	SBH	15.22
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DT

1	E.Udechuku.....	WG&EL	57.46 (55.72, x, 53.41, x, 57.46, x)
2	N.Thompson.....	SBH	50.71 50.16, 50.37, 50.59, 50.71, 49.65, x)
3	C.Gordon.....	SBH	35.26

JT

1	C.Gordon.....	SBH	23.19
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HT

1	G.Holder.....	SBH	56.77 (53.38, 52.08, 55.32, 54.82, 56.77, x)
2	C.Privett.....	Belg	42.81
3	A.Allen.....	Lough U guest	30.50
4	C.Gordon.....	SBH	23.65

Women

100m wind +0.4

1	T.Nubi.....	E&H	12.46
2	S.Clayton.....	Birchfield guest	12.49
3	S.Gailey.....	Belg	13.60
4	C.Nichols.....	Woking guest	13.61
5	C.Armstrong.....	guest	15.96

200m wind -0.5

1	M.Pierre.....	SBH	25.86
2	T.Nubi.....	E&H	26.41
3	C.Blackburn.....	WG&EL	27.46
4	R.Madada-Nyarkauru	Belg	30.21

400m

1	C.Heafford.....	SBH	57.77
2	C.Nichols.....	Woking guest	1:00.73
3	R.Madada-Nyarkauru	Belg	1:12.15
	S.Gailey.....	Belg	dns

800m (run with men)

1	S.Gailey.....	Belg	2:31.02
2	S.Richardson.....	Milton K guest	2:39.88
3	S.Howard.....	Belg	2:50.82

1500m (run with men)

1	K.Morser.....	WG&EL	4:54.36
2	D.Kennedy.....	WG&EL	5:22.37

400mH

1	C.Blackburn.....	WG&EL	1:05.54
2	D.Kennedy.....	WG&EL	1:20.77

3000m Walk (walked with men)

1	V.Lauer.....	Belg	15:49.62
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LJ

1	L.Polius.....	N&EB guest	5.64/+1.5 (x, 5.64/+1.5, 5.61w/+3.4, 5.35/+0.8, x, 2.65/-1.6)
2	N.Williams.....	SBH	5.43/+0.2
3	D.Kennedy.....	WG&EL	4.02w/+2.4

TJ (no wind readings taken)

1	N.Williams.....	SBH	12.29 (x, x, 12.21, x, 12.29, x)
2	M.Okwue.....	TVH guest	11.85
3	M.Nestor.....	Belg U20	11.16
4	H.Frankson.....	WG&EL	11.13
5	S.Howard.....	Belg	7.89

DT

1	S.Newman.....	Belg	55.20 (52.89, 52.28, 50.66, 53.15, 55.20, 53.34)
2	R.Lister.....	Belg	37.61

JT

1	S.Howard.....	Belg	15.73
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HT

1	J.John.....	WSE&H guest	50.31 (x, 46.53, 50.16, 48.89, 50.31, x)
2	B.Heil.....	Belg	37.87
3	S.Howard.....	Belg	9.78

Match 3 scores

Senior Men

1	Shaftesbury Barnet Harriers	116
2=	Belgrave Harriers	44
	Enfield & Haringey AC	44
4	Woodford Green AC with Essex Ladies	26

Senior Women

1	Belgrave Harriers	86
2	Woodford Green AC with Essex Ladies	48
3	Shaftesbury Barnet H	32
4	Enfield & Haringey AC	14

Officials

Starter:
Graham Spring

Timekeepers:
Ian Burgess
Alan Mead
Alaster Stewart (Chief)

Track Judges:
Jean Burgess
David Davies
Tony Fairclough (Referee)
Patricia Mead

Photofinish:
Mike Forrest
Sandy Forrest

Field Judges:
Rex Bale (Referee)
Don Blackett
Snowy Brooks
Gillian Fairclough
Keith Hopson
Raymond James
Derek Jones
Bill Laws
Carl Lawton
Geoff Morphis

Scorers/Announcers:
Derek Jones
Hazel Mead

Refreshments:
Cynthia James

Seeding:
John Jeffery

Guests entries:
Bob Bridges

Thanks to the above and also to others who helped as officials but whose names we do not know.

Results still to be checked. Any corrections to alan.mead@belgraveharriers.com