

Men's Southern League Division 4 (W), Match 4, Kingsmeadow, 11 July 2009				Lond AC	Bracknell	Epsom &E	Belgrave	Lond Hth	Sutton &D	
100m	A	1	S Marcus	Belgrave	11.4			6		
		2	G Pryce	Sutton &D	11.7				5	
		3	R Smith	Lond AC	11.8	4				
		4	J Thomas	Epsom &E	11.8		3			
		5	G Ajayi	Lond Hth	12.3				2	
		6	S Brimble	Bracknell	12.6		1			
100m	B	1	P Walker	Belgrave	11.9			6		
		2	A Blackwell	Lond AC	11.9	5				
		3	C Annan	Bracknell	12.8		4			
		4	S Alemayehu	Lon Hth	13.0				3	
		5	N Nedjai	Sutton &D	13.3					2
		6	C Abbott	Epsom &E	15.5		1			
100m n/s	1	1	B Drege	Herne H	11.7					
		2	J Bernard	Kingston &P	11.8					
		3	J Alcock	Medway &M	11.8					
		4	A Kokaz	Kingston &P	11.9					
		5	T Sheikh	Kingston &P	12.4					
		6	K Fowler	Medway &M	13.0					
100m n/s	2	1	A Tyson	Herne H	11.7					
		2	B Davies	Belgrave	12.5					
		3	B Ahmet	Kingston &P	12.8					
		4	J Ratcliff	Kingston &P	14.1					
		5	C Isetts	Kingston &P	14.2					
		6	M May	Kingston &P	14.4					
200m	A/B	1	S Marcus	Belgrave	23.5			6		
		2	J Thomas	Epsom &E	23.7		5			
		3	P Walker	Belgrave	23.8			6		
		4	R Newton	Lond AC	23.8	4				
		5	A Blackwell	Lond AC	24.3	5				
		6	R Thomas	Lond Hth	24.9				3	
		7	G Ajayi	Lond Hth	25.5				4	
		8	C Abbott	Epsom &E	31.0		3			
200m n/s	1	1	O Soetan	Herne H	23.5					
		2	P Graham	Belgrave	24.2					
		3	B Davies	Belgrave	24.9					
		4	V Makia	Kingston &P	25.2					
		5	M Bates	Lond Hth	28.4					
200m n/s	2	1	A Tyson	Herne H	24.1					
		2	M May	Kingston &P	28.0					
		3	R McMillan	Belgrave	28.4					
		4	C Isetts	Kingston &P	29.3					
400m	A	1	J van der Toorn	Belgrave	51.9			6		
		2	A Blackwell	Lond AC	52.8	5				
		3	N Harris	Sutton &D	53.4				4	
		4	M Noori	Lond Hth	55.4				3	
		5	S Brimble	Bracknell	57.0		2			
		6	C Neuenschwander	Epsom &E	60.6		1			
400m	B	1	J Thomas	Epsom &E	53.7		6			
		2	S Hubsel	Sutton &D	56.0				5	
		3	C Annan	Bracknell	58.4		4			
		4	M ?	Lond Hth	60.9				3	
		5	R McMillan	Belgrave	63.8			2		
		6	S Paul	Lond AC	76.6	1				
400m	n/s	1	K Koranteng	Kingston &P	54.8					
		2	A Taylor	Sutton &D	55.4					
		3	R Ward	Belgrave	55.8					
		4	D Alsaffar	Kingston &P	62.9					

800m	A	1	T Carter	Lond AC	1:58.7	6				
		2	R Ward	Belgrave	2:01.2				5	
		3	M Noori	Lond Hth	2:12.8					4
		4	A Taylor	Sutton &D	2:26.6					3
		5	W Clark	Epsom &E	2:37.6			2		
800m	B	1	M Humphrey	Belgrave	2:10.5				6	
		2	A Penfold	Sutton &D	2:16.4					5
		3	T Killilea	Lond Hth	2:23.0					4
		4	P Sanger	Epsom &E	2:46.6			3		
		5	J Pope	Lond AC	3:08.0	2				
1500m	A/B	1	R Ward	Belgrave	4:12.5				6	
		2	T Carter	Lond AC	4:14.8	5				
		3	W Clark	Epsom &E	4:17.2			4		
		4	A Robinson n/s	Kingston &P	4:18.4					
		5	L Eguia	Belgrave	4:23.2				6	
		6	P Sanger	Epsom &E	4:40.8			5		
		7	A Penfold	Sutton &D	4:42.6					3
		8	B Barton n/s	Belgrave	4:43.0					
		9	T Killilea	Lond Hth	5:36.5					2
		10	E Bayne	Lond Hth	5:36.8					4
		11	R Solomans	Lond AC	5:52.5	3				
		12	J Arias n/s	Lond Hth	6:01.6					
5000m	A/B	1	W Clark	Epsom &E	15:44.2				6	
		2	P Sanger	Epsom &E	16:16.5				6	
		3	M Trees	Belgrave	16:52.1					5
		4	N Mitchell	Lond Hth	17:23.1					4
		5	N Hancock	Sutton &D	18:36.7					3
		6	R Solomons	Lon Hth	20:53.4	2				
		7	A Essex	Lond Hth	23:34.4					5
110mH	A	1	S Lewis	Belgrave	18.4				6	
		2	R Kiggins	Lond AC	20.2	5				
		3	E Bayne	Lond Hth	20.5					4
		4	D Blunt	Epsom &E	26.1			3		
110mH	B	1	A Hartis	Belgrave	17.7				6	
		2	R Thomas	Lond Hth	21.9					5
		3	J Hanid	Lond AC	29.1	4				
400mH	A/B	1	S Lewis	Belgrave	64.6				6	
		2	R Kiggins	Lond AC	72.4	5				
		3	S Paul	Lond AC	88.5	6				
		4	A Essex	Lond Hth	92.2					4
		5	C Rawlings	Sutton &D	97.2					3
3000mSC	A/B	1	T Killilea	Lond Hth	11:56.6					6
		1	N Mitchell	Lond Hth	12:00.3					6
4x100m		1		Belgrave	46.8				6	
		2		Lond AC	47.9	5				
		3		Epsom &E	49.8			4		
		dq		Lond Hth	(48.4)					
4x400m		1		Belgrave	3:44.3				6	
		2		Lond AC	3:45.1	5				
		3		Lond Hth	3:54.4					4
		4		Sutton &D	3:54.7					3
		5		Epsom &E	4:07.1			2		

High J	A	1	T Fadare	Sutton &D	1.90					6
		2	H Hattingh	Belgrave	1.90			5		
		3	R Thomas	Lond Hth	1.65				4	
		4	T Carter	Lond AC	1.60	3				
		5	C Abbott	Epsom &E	1.50		2			
High J	B	1	E Bayne	Lond Hth	1.55				6	
		2	R Kiggins	Lond AC	1.55	5				
		3	R Collier	Belgrave	1.50			4		
		4=	C Rawlings	Sutton &D	1.10					2.5
		4=	C Abbott	Epsom &E	1.10		2.5			
Long J	A	1	A Blackwell	Lond AC	5.89	6				
		2	S Lewis	Belgrave	5.88			5		
		3	R Thomas	Lond Hth	5.79				4	
		4	J Andrew	Epsom &E	5.11		3			
		5	C Rawlings	Sutton &D	3.88					2
Long J	B	1	J Wilson	Lond Hth	5.67				6	
		2	P Mayfield	Belgrave	4.99			5		
		3	C Neuenschwander	Epsom &E	4.68		4			
		4	R Smith	Lond AC	4.38	3				
		5	A Starr	Sutton &D	3.64					2
Long J	n/s		P Walker	Belgrave	5.53					
Triple J	A	1	A Blackwell	Lond AC	11.67	6				
		2	C Neuenschwander	Epsom &E	11.64		5			
		3	J Wilson	Lond Hth	10.86				4	
		4	S Lewis	Belgrave	10.67			3		
		5	S Brimble	Bracknell	9.00		2			
		6	N Hancock	Sutton &D	8.26					1
Triple J	B	1	D Blunt	Epsom &E	10.18		6			
		2	S Alemayehu	Lond Hth	9.38				5	
		3	J Pope	Lond AC	8.54	4				
		4	C Rawlings	Sutton &D	8.21					3
Pole V	A	1	S Colgate	Belgrave	4.20			6		
		2	A Bosher	Epsom &E	4.00		5			
		3	J Hanid	Lond AC	1.10	4				
		4	A Essex	Lond Hth	1.10				3	
Pole V	B	1	J Andrews	Epsom &E	3.90		6			
		2	P Mayfield	Belgrave	2.80			5		
Pole V	n/s	1	D Blunt	Epsom &E	3.40					
		2	B Harlick	Epsom &E	2.40					

Shot P	A	1	R Collier	Belgrave	12.63				6		
		2	I Frankish	Epsom &E	11.98			5			
		3	R Kiggins	Lond AC	9.02	4					
		4	E Bayne	Lond Hth	8.13					3	
		5	C Annan	Bracknell	7.46		2				
		6	C Rawlings	Sutton &D	6.76						1
Shot P	B	1	G Sprigings	Belgrave	12.60				6		
		2	N Featherstone	Epsom &E	9.35			5			
		3	R Boyd	Lond AC	7.14	4					
		4	S Brimble	Bracknell	7.08		3				
		5	P Lockyer	Sutton &D	5.76						2
		6	P Snell	Lond Hth	5.14					1	
Shot P	n/s		P Mayfield	Belgrave	10.35						
Discus	A	1	C Privett	Belgrave	36.10				6		
		2	R Thomas	Lond Hth	29.61					5	
		3	I Frankish	Epsom &E	29.40			4			
		4	C Rawlings	Sutton &D	21.55						3
		5	R Kiggins	Lond AC	21.44	2					
		6	A Heighey	Bracknell	17.95		1				
Discus	B	1	P Mayfield	Belgrave	30.16				6		
		2	T Liversage	Epsom &E	27.33			5			
		3	E Bayne	Lond Hth	21.47					4	
		4	S Brimble	Bracknell	16.93		3				
		5	J Pope	Lond AC	13.54	2					
Discus	n/s		G Sprigings	Belgrave	30.43						
Javelin	A	1	R Thomas	Lond Hth	44.13					6	
		2	P Mayfield	Belgrave	40.65				5		
		3	T Carter	Lond AC	33.50	4					
		4	A Heighey	Bracknell	33.22		3				
		5	I Frankish	Epsom &E	32.39			2			
		6	A Starr	Sutton &D	29.25						1
Javelin	B	1	R Collier	Belgrave	39.80				6		
		2	J Hanid	Lond AC	31.78	5					
		3	A Richards	Epsom &E	29.01			4			
		4	C Rawlings	Sutton &D	28.90						3
		5	P Coggins	Bracknell	25.55		2				
		6	E Bayne	Lond Hth	18.95					1	
Hammer	A	1	C Privett	Belgrave	45.52				6		
		2	N Featherstone	Epsom &E	33.19			5			
		3	R Thomas	Lond Hth	21.31					4	
		4	R Boyd	Lond AC	19.49	3					
		5	P Coggins	Bracknell	18.47		2				
		6	C Rawlings	Sutton &D	17.54						1
Hammer	B	1	G Sprigings	Belgrave	26.20				6		
		2	I Frankish	Epsom &E	26.10			5			
		3	A Essex	Lond Hth	18.82					4	
		4	J Pope	Lond AC	16.41	3					
		5	A Heighey	Bracknell	13.37		2				
<b>Points totals</b>					130.0	31.0	122.5	170.0	130.0	63.5	
<b>Match Positions</b>					2nd=	6th	4th	1st	2nd=	5th	
<b>League points</b>					4.5	1.0	3.0	6.0	4.5	2.0	
<b>Brought forward match points</b>					305.5	164.0	372.5	449.5	340.0	184.5	
<b>Total match points</b>					435.5	195.0	495.0	619.5	470.0	248.0	
<b>Brought forward league points</b>					10.0	4.0	13.0	18.0	13.0	5.0	
<b>Total league points</b>					14.5	5.0	16.0	24.0	17.5	7.0	
<b>League positions after four matches</b>					4th	6th	3rd	1st	2nd	5th	

Any corrections to Alan Mead armead@btinternet.com, Tel: 020 8393 1997