

				§ = non scorer	Individ.	Team	SM	M40	M50	SW	W35
1	B1	Belgrave H	SM	Lee Greatorex	15:07	30:01	1				
2	B7	Epsom & Ewell H	SM	Alex Hawkins	15:35	30:23	2				
3	B13	Herne Hill H	SM	Rob Karn	15:23	30:25	3				
4	B2	Belgrave H 'B' §	SM	Pete Willis §	15:14	31:00	4				
5	B5	Dorking & Mole V AC	SM	Bruce Harrold	16:04	31:01	5				
6	B11	Hercules Wimbledon AC	SM	Alex Robinson	16:12	31:07	6				
7	B26	Walton AC	SM	Jon Hamblen	14:38	31:09	7				
8	B19	South London H	SM	Matt Grant	16:15	31:11	8				
9	B20	South London H 'B'	SM	Dan Selman	15:53	31:15	9				
10	B14	Herne Hill H 'B'	SM	Simon Coombes §	15:18	31:18	10				
11	B18	Reigate Priory AC	SM	Andrew Walker	15:32	31:34	11				
12	B24	Thames H&H	SM	Hugh Shields	16:27	31:36	12				
13	B16	Ranelagh H	SM	Jonathan Stacey	15:46	32:07	13				
14	B108	South London H	M40	David Baker	16:11	32:16		1			
15	B111	The Stragglers	M40	Roy Reeder	15:42	32:56		2			
16	B100	Belgrave H	M40	Graham Adams	16:38	32:57		3			
17	B121	South London H	M50	Ian Kitching	16:25	33:12			1		
18	B25	The Stragglers §	SM	Allan Barrie §	16:38	33:50	14				
19	B9	Guildford & Godalming AC §	SM	Sebastian Dama	17:21	34:13	15				
20	B120	Reigate Priory AC	M50	John Cayton	17:37	34:21			2		
21	B106	Herne Hill H	M40	Tony Harran	16:19	34:32		4			
22	B102	Epsom & Ewell H	M40	Dominic Malins	17:20	34:49		5			
23	B12	Hercules Wimbledon AC 'B'	SM	C. Carrington	17:33	35:04	16				
24	B114	Dorking & Mole V AC	M50	Ian Dunn	18:36	35:07			3		
25	B112	Walton AC	M40	Sean McCarthy	18:30	35:12		6			
26	B103	Guildford & Godalming AC §	M40	Michael Goatley	17:29	35:34		7			
27	B126	Hercules Wimbledon AC	SW	Stephanie Robson	17:30	35:36				1	
28	B28	Hercules Wimbledon 'C'	SM	N. Fraser	16:58	35:49	17				
29	B136	South London H	SW	Gemma Marrs	18:26	35:51				2	
30	B4	Croydon H §	SM	Keith Brown	19:27	37:06	18				
31	B122	South London H 'B'	M50	Paul Williams	17:44	37:20			4		
32	B151	South London H	W35	Pippa Major	19:40	37:23					1
33	B132	Ranelagh H	SW	Holly James	18:53	37:24				3	
34	B155	The Stragglers	W35	Dee Smale	18:53	37:32					2
35	B17	Ranelagh H 'B'	SM	Phil Aiken	21:14	37:43	19				
36	B117	Hercules Wimbledon AC	M50	Steve Badgery	17:24	37:51			5		
37	B101	Dorking & Mole V AC §	M40	Howard Jones	17:09	38:00		8			
38	B134	Reigate Priory AC	SW	Karen Lloyd	19:49	38:08				4	
39	B142	Walton AC	SW	Sarah Williamson	20:34	38:39				5	
40	B22	Striders of Croydon AC	SM	Dave Batten	17:50	38:46	20				
41	B143	Wimbledon Windmilers	SW	Caroline Leonard	21:19	38:47				6	
42	B152	South London H 'B'	W35	Clare Settle	19:25	38:51					3
43	B158	Hercules Wimbledon 'B'	SW	Amandine King	20:05	39:27				7	
44	B154	Thames H&H	W35	Vikki Filsell	19:47	39:34					4
45	B21	South London H 'C'	SM	Stephen Hunnisett	18:40	39:42	21				
46	B127	Herne Hill H	SW	Virginia Grant	19:55	40:14				8	
47	B137	South London H 'B'	SW	Kate Hewett	20:07	40:19				9	
48	B124	Dorking & Mole V AC	SW	Hannah Fay	21:21	40:54				10	
49	B125	Guildford & Godalming AC	SW	Maria Bolland	21:42	41:07				11	
50	B157	Belgrave H §	SW	Caroline Shanklyn	21:34	41:35				12	
51	B130	Herne Hill H 'D'	SW	Sonia Williams	18:21	41:38				13	
52	B133	Ranelagh H 'B'	SW	Michelle Beaumont	21:14	41:43				14	
53	B150	Ranelagh H	W35	Louise Pears	22:03	41:52					5
54	B147	Epsom & Ewell H	W35	Chris Flynn	22:49	42:00					6
55	B128	Herne Hill H 'B'	SW	Amanda Durand	22:37	43:37				15	
56	B129	Herne Hill H 'C'	SW	Jane Hersey	21:25	43:39				16	
57	B135	Reigate Priory AC 'B'	SW	Helen Cramp	22:11	43:49				17	
58	B156	Wimbledon Windmilers	W35	Anne Wareing	23:35	44:19					7
59	B144	Wimbledon Windmilers 'B'	SW	Alyson Young	23:07	44:28				18	
60	B138	South London H 'C'	SW	Rachel Croggan	21:59	44:47				19	
61	B139	Striders of Croydon AC §	SW	Laura Wanless	20:50	44:54				20	
62	B145	26.2 RRC §	W35	Ann Bath	23:10	45:21					8
63	B116	Epsom Oddballs	M50	Phil Garrard	21:47	45:35			6		
64	B119	Herne Hill H	M50	Andy Lea-Gerrard	22:43	46:06			7		
65	B146	Dorking & Mole V AC	W35	Louise Ionascu	25:17	46:09					9
66	B153	South London H 'C'	W35	Susann Bottle	24:37	46:26					10