

Sutton Park, Sutton Coldfield

Distance 4,134m.

Belgrave all-time individual performances

14:24	Birhane Dagne	08.04.78	3	22Oct2005
	14:34		1	27Oct2001
	14:27		1	20Oct2007
	14:51		2	18Oct2008
	16:00		2	25Oct2003
14:51	Getenesh Tamirat	11.07.77	1	26Oct2002
	14:56		1b	27Oct2001
15:07	Catherine Bryson		4	20Oct2007
	15:10		4	18Oct2008
	16:00		4	21Oct 2006
15:26	Maria Sharp	08.12.73	4	26Oct2002
	15:29		3	27Oct2001
15:40	Juliette Clark	W35 22.04.64	2	27Oct2001
	15:52	W40	1	22Oct2005
	15:55	W40	4	23Oct2004
15:47	Sarah Murphy	26.07.77	2	20Oct2007
	16:06		4	22Oct2005
	16:06		1	21Oct 2006
	16:07		1	18Oct2008
15:49	Anne Hegvold	W35 05.07.66	4	27Oct2001
16:03	Mathilde Heaton	02.09.74	1	23Oct2004
	16:14		2	22Oct2005
	16:14		3	21Oct 2006
	16:17		4	25Oct2003
	16:50		3	20Oct2007
	16:55		2	17Oct2009
	17:19		3	18Oct2008
	17:46		3	16Oct2010
16:04	Angela Walker	29.08.69	1	25Oct2003
16:11	Rosie Powell	U20 02.03.84	3	25Oct2003
16:15	Zoe Vail		1	17Oct2010
16:39	Louise Blizzard (nee Cooper)	25.08.75	3	23Oct2004
	17:12		1	16Oct2010
	17:34		2	26Oct2002
16:48	Tania Sturton	19.12.78	3b	27Oct2001
16:50	Vicky Edwards	27.09.71	3	26Oct2002
	17:13		2	23Oct2004
16:55	Syreeta Stracey	05.07.78	2b	27Oct2001
16:55	Amy Linford		2	16Oct2010
16:57	Sarah Gailey		2	21Oct2006
17:45	Helen Smethurst		4	17Oct2009
17:59	Vicki Goodwin		4	16Oct2010
19:16	Jenny Beecroft		3	17Oct2009

Belgrave Teams

1:01:32	Birhane Dagne, Juliette Clark, Maria Sharp, Anne Hegvold	7	27Oct2001
1:02:11	Birhan Dagne, Sarah Murphy, Mathilde Heaton, Catherine Bryson	18	20Oct2007
1:02:36	Juliette Clark, Mathilde Heaton, Birhan Dagne, Sarah Murphy	12	22Oct2005
1:03:27	Sarah Murphy, Birhan Dagne, Mathilde Heaton, Catherine Bryson	20	18Oct2008
1:04:32	Angela Walker, Birhan Dagne, Rosie Powell, Mathilde Heaton	20	25Oct2003
1:04:41	Getenesh Tamirat, Louise Cooper, Vicky Edwards, Maria Sharp	15	26Oct2002
1:05:17	Sarah Murphy, Sarah Gailey, Mathilde Heaton, Catherine Bryson	26	21Oct 2006
1:05:50	Mathilde Heaton, Vicky Edwards, Louise Cooper, Juliette Clark	28	23Oct2004
1:09:52	Louise Blizzard, Amy Linford, Mathilde Heaton, Vicki Goodwin	42	16Oct2010
1:10:11	Zoe Vaile, Mathilde Heaton, Jenny Beecroft, Helen Smethurst	49	17Oct2009
incomplete	Getenesh Tamirat, Syreeta Stracey, Tania Sturton		27Oct2001