

## Open University Campus, Milton Keynes 1999-2006

The SEAA 12 Stage Road Relay moved to the traffic free paths of Milton Keynes in 1999 after a five-year spell at Thurrock and twenty-eight years of the event being held from our own club house around the roads of Wimbledon. Before 1965 the race took place over the London to Brighton course.

### Notes

For individual performances, the number in the penultimate column indicates the stage and where present, a letter indicates the team; e.g. 4b = 4th stage for the B team. For teams, the penultimate column shows the team place. § = second run of the day.

### Most successful clubs

	Gold	Silver	Bronze	Total
Belgrave H	5	1	2	7
Shaftesbury Barnet H	1	1	-	2
Blackheath H	1	-	-	1
Windsor, Slough, Eton & Hounslow AC	1	-	-	1
Newham & Essex Beagles	-	3	1	4
Bedford & County AC	-	2	3	5
Aldershot, Farnham & Dist AC	-	1	1	2
Brighton & Hove AC	-	-	1	1

### Course record progression

4:17:28	Blackheath H	28Mar1999
4:12:12	Shaftesbury Barnet H	02Apr2000
4:12:00	Windsor, Slough, Eton & Hounslow AC	08Apr2001
4:11:18	Belgrave H	07Apr2002
4:07:23	Belgrave H	06Apr2003

### Fastest teams to 4:30:00

4:07:23	Belgrave H	1	06Apr2003
4:10:53		1	04Apr2004
4:11:18		1	07Apr2002
4:12:38		1	26Mar2006
4:13:09		1	03Apr2005
4:15:46		3	02Apr2000
4:16:21		3	08Apr2001
4:19:44		2	28Mar1999
4:11:51	Newham & Essex Beagles	2	06Apr2003
4:15:45		2	03Apr2005
4:17:12		2	07Apr2002
4:21:14		3	26Mar2006
4:24:35		6	04Apr2004
4:12:00	Windsor, Slough, Eton & Hounslow AC	1	08Apr2001
4:26:45		8	04Apr2004
4:29:53		14	07Apr2002
4:12:12	Shaftesbury Barnet H	1	02Apr2000
4:13:26		2	08Apr2001
4:21:41		5	04Apr2004
4:29:11		9	26Mar2006
4:12:15	Bedford & County AC	2	04Apr2004
4:16:04		3	03Apr2005
4:16:54		3	06Apr2003
4:17:30		4	08Apr2001
4:18:27		3	07Apr2002
4:19:25		2	26Mar2006
4:19:26		7	02Apr2000
4:13:37	Aldershot, Farnham & Dist AC	3	04Apr2004
4:14:55		2	02Apr2000
4:19:37		4	06Apr2003
4:21:24		4	26Mar2006
4:22:42		6	08Apr2001
4:24:58		5	03Apr2005
4:24:59		6	07Apr2002
4:16:42	Southampton RC	4	02Apr2000
4:22:22		5	28Mar1999
4:25:02		7	07Apr2002
4:17:28	Blackheath H	1	28Mar1999
4:21:14		8	02Apr2000
4:23:30 (Blackheath & Bromley H)		7	06Apr2003
4:29:52 (Blackheath & Bromley H)		10	04Apr2004
4:18:10	Thames Hare & Hounds	5	02Apr2000
4:18:57		4	04Apr2004
4:20:03		4	07Apr2002
4:20:32		4	28Mar1999
4:20:44		4	03Apr2005
4:22:37		5	08Apr2001
4:23:58		8	06Apr2003
4:18:58	London Irish AC	6	02Apr2000
4:20:18	Brighton & Hove AC	3	28Mar1999
4:25:17		11	02Apr2000
4:25:32		7	08Apr2001

4:22:18	Medway & Maidstone AC	5	06Apr2003
4:25:41		7	04Apr2004
4:28:27		6	03Apr2005
4:29:22		10	26Mar2006
4:22:19	Woodford Green AC	5	26Mar2006
4:25:57		12	01Apr2000
4:22:21	Harrow AC	9	02Apr2000
4:22:38	Herne Hill H	6	06Apr2003
4:28:24		12	07Apr2002
4:29:11		9	04Apr2004
4:29:39		11	26Mar2006
4:22:58	Phoenix AC	10	02Apr2000
4:26:27		8	08Apr2001
4:29:10		13	07Apr2002
4:23:59	Thames Valley H	6	28Mar1999
4:26:28		10	06Apr2003
4:24:18	Highgate H	9	06Apr2003
4:25:31		7	28Mar1999
4:26:12		7	26Mar2006
4:28:16		11	07Apr2002
4:25:49	Kent AC	6	26Mar2006
4:27:46		9	07Apr2002
4:25:57	Colchester H	8	28Mar1999
4:28:23		16	02Apr2000
4:26:03	Chelmsford AC	13	02Apr2000
4:26:09	Borough of Hounslow AC	14	02Apr2000
4:26:25	Harrow AC	8	07Apr2002
4:26:56	Vauxhall	15	02Apr2000
4:26:58	Basildon AC	9	28Mar1999
4:29:11		7	03Apr2005
4:27:07	Enfield & Haringey AC	10	28Mar1999
4:27:44	Swindon H	11	06Apr2003
4:28:04	City of Norwich AC	10	07Apr2002
4:29:02	Wells City AC	8	26Mar2006
4:29:08	City of Portsmouth AC	11	28Mar1999
4:29:29	Milton Keynes AC	12	06Apr2003
4:29:34	Bideford AAC	12	28Mar1999

### Other Belgrave teams

4:36:13	Belgrave H 'B'	14	26Mar2006
4:36:36		21	06Apr2003
4:36:46		21	07Apr2002
4:39:34		21	03Apr2005
4:40:03		-	02Apr2000
4:42:35		23	04Apr2004
4:46:42		31	08Apr2001

### Short Stage – 5,506 metres

#### Short stage record progression

16:17	Stephen Sharp (PUMA TVH)	2	28Mar1999
16:04	Rob Denmark (Basildon AC)	6	28Mar1999
15:49	Keith Cullen (Chelmsford AC)	4	08Apr2001

#### Top individual all club runners

15:49	Keith Cullen (Chelmsford AC)	08Apr2001
15:51	David Anderson (Belgrave H)	06Apr2003
16:19		07Apr2002
16:00	Stephen Sharp (Belgrave H)	06Apr2003
16:17		28Mar1999
16:21		03Apr2005
16:22		04Apr2004
16:28		26Mar2006
16:32		02Apr2000
16:33		07Apr2002
16:04	Rob Denmark (Basildon AC)	28Mar1999
16:07	Michael East (Newham & Essex Beagles)	07Apr2002
16:09	Guy Amos (Norwich AC)	08Apr2001
16:15	Mark Miles (Belgrave H)	28Mar1999
16:15	Kevin Nash (Belgrave H)	02Apr2000
16:15	Yacin Yusuf (Belgrave H)	02Apr2000
16:15	Huw Lobb (Bedford & County AC)	06Apr2003
16:16	Stephen Hepples (Newham & Essex Beagles)	03Apr2005
16:18		04Apr2004
16:33		26Mar2006
16:22	R.Vint (Aldershot, Farnham & Dist AC)	03Apr2005
16:25	Richard Ward (Belgrave H)	06Apr2003
16:38		04Apr2004
16:26	Kris Bowditch (Newham & Essex Beagles)	02Apr2000
16:29	Adrian Mussett (Colchester H)	06Apr2003
16:30	Chris Moss (Belgrave H)	03Apr2005
16:23	Huw Lobb (Bedford & County AC)	07Apr2002
16:23	Matt Shone (Woodford Green/Essex Ladies AC)	03Apr2005
16:33	Jonathan Blackledge (Belgrave H)	26Mar2006
16:41		04Apr2004
16:46		06Apr2003
16:34	Euan Malloch (Woodford Green/Essex Ladies AC)	03Apr2005
16:34	Matt Ashton (Aldershot, Farnham & Dist AC)	26Mar2006

16:35	A.Merriman (Woodford Green/Essex Ladies AC)	02Apr2000
16:39	E.Jackson (Aldershot, Farnham & Dist AC)	04Apr2004
16:41	L.Cadman (Bedford & County AC)	03Apr2005
16:43	Steve Clarke (Medway & Maidstone AC)	06Apr2003
16:44	Andy Robinson (Newham & Essex Beagles)	26Mar2006
16:46	D.O'Brien (Shaftesbury Barnet H)	08Apr2001
16:46	A.Fulford (Swindon H)	06Apr2003

**Belgrave all-time individual performances**

15:51	David Anderson	02.10.77	4a	06Apr2003
16:19			6a	07Apr2002
16:00	Stephen Sharp	31.12.75	12a	06Apr2003
16:21			8a	03Apr2005
16:22			4a	04Apr2004
16:28			6a	26Mar2006
16:33			2a	07Apr2002
16:15	Mark Miles	24.03.77	10a	28Mar1999
16:15	Kevin Nash	06.02.77	2a	02Apr2000
16:15	Yacin Yusuf	18.09.79	4b	02Apr2000
16:25	Richard Ward	05.05.82	2a	06Apr2003
16:38			8a	04Apr2004
17:15			8a	07Apr2002
17:36			12a	26Mar2006
16:30	Chris Moss	17.06.79	2a	03Apr2005
16:33	Jonathan Blackledge	15.09.84	8a	26Mar2006
16:41			12a	04Apr2004
16:46		U20	6a	06Apr2003
17:27		U20	6b	07Apr2002
16:55	Alex Hutchinson	30.11.75	8a	02Apr2000
17:15	Najibe Hliouat	28.08.77	2a	08Apr2001
17:16	Roger Alsop	16.01.65	2a	04Apr2004
17:24			12a	07Apr2002
17:29			6a	28Mar1999
17:17	Simon Marwood	06.04.78	10a	04Apr2004
17:20	Charles Herrington	28.09.71	8a	06Apr2003
17:34			10a	03Apr2005
17:23	Will Cockerell	19.11.73	2a	26Mar2006
17:49			12a	08Apr2001
18:29			12b	07Apr2002
17:24	Clive Gilby	24.02.66	12a	28Mar1999
17:25	Steve Clarke	08.01.69	8a	08Apr2001
17:34			6a	02Apr2000
17:27	Tom Ellacott	20.06.73	6a	03Apr2005
18:00			10a	26Mar2006
17:31	Ray Foley	03.06.68	2a	28Mar1999
17:31	Richard Hayman	11.10.79	4a	08Apr2001
17:31	Kevin Quinn	24.07.79	4a	07Apr2002
18:07			6a	08Apr2001
18:14			10a	02Apr2000
17:34	Joachim Wolf	26.08.72	10a	07Apr2002
17:41			6b	02Apr2000
18:13 §			12b	02Apr2000
17:35	Richard Hayman		2b	02Apr2000
17:39	James Beech	23.04.73	6a	04Apr2004
17:41	Fabien Bernard-Gaudin	U20 29.03.82	10a	08Apr2001
18:57			12b	03Apr2005
17:42	Stephen Kennefick		10a	06Apr2003
17:42	Knut Hegvold	M40 19.09.61	12a	03Apr2005
18:20		M40	6b	26Mar2006
17:44	Peter Willis	04.05.82	4a	26Mar2006
17:45	John Charles	24.05.83	4a	03Apr2005
17:47	Clive Gilby		12a	02Apr2000
17:49	Paul Coughlan	22.09.72	4a	28Mar1999
17:52	Graham Adams	10.06.68	4b	28Mar1999
18:06	Bruce Barton	02.02.64	10b	02Apr2000
18:28			2b	07Apr2002
18:36			2b	06Apr2003
18:58		M40	4b	03Apr2005
18:14	Chris Axe	02.10.74	6b	03Apr2005
18:31			4a	04Apr2004
18:15	Phil Carstairs	07.07.60	4a	02Apr2000
18:56 §			12b	28Mar1999
18:16	Paul Freary	03.04.68	2b	03Apr2005
18:20	Mark Humphrey	13.10.83	2b	04Apr2004
18:45			12b	26Mar2006
18:21	Saul Armanini	25.02.71	6b	28Mar1999
18:22	Lee Greatorex	16.07.75	8b	26Mar2006
18:29			4b	07Apr2002
18:24	Steve Fowler	M40 02.04.57	2b	28Mar1999
18:29	Junior Galley	M40 24.05.62	6b	06Apr2003
20:22			10b	07Apr2002
18:31	Charlie Dickinson	M50 26.04.48	8b	02Apr2000
18:48		M50	10b	06Apr2003
19:28		M55	8b	03Apr2005
19:56		M55	2c	26Mar2006
18:31	Richard Partridge	M45 17.02.59	2c	04Apr2004
18:31	Joe Van-Der-Toorn	U20 07.05.87	2b	26Mar2006
19:00		U20	2c	03Apr2005

18:42	Jason Webb	19.08.69	4b	26Mar2006
19:08			10b	03Apr2005
19:09	James Browne	04.11.77	12b	06Apr2003
19:11	Stephen Nelson	09.01.69	4b	06Apr2003
19:14	Bram Peeters	21.04.77	4b	08Apr2001
19:17	Hassan Raidi	06.11.76	8a	28Mar1999
19:20	Tony Binda	M45 03.01.53	8b	08Apr2001
19:23	Sean Connor	13.08.70	8b	07Apr2002
19:31	Sean Connor		8b	06Apr2003
19:38		13.08.70	2b	08Apr2001
19:23	Rob Marcus	05.07.75	8b	04Apr2004
19:32	Marlon Anderson	06.11.75	2c	08Apr2001
19:33	Rob Poulter	05.02.67	6b	04Apr2004
20:11 2-cl			8a	03Apr2005
19:41	Charles Smith	05.03.79	10b	04Apr2004
19:42	Don Anderson	M40 10.05.55	8b	28Mar1999
20:42		M45	12b	08Apr2001
21:04			4c	04Apr2004
21:58			6c	05Apr2005
19:45	Matthew Whiting	21.11.77	10b	26Mar2006
19:54	Terry Lines		4c	26Mar2006
20:09	Nigel Rumsey	18.09.74	12b	04Apr2004
20:13	Steve Zealey	26.11.65	10b	08Apr2001
21:29	Harry Corbett	M40 16.02.58	6b	08Apr2001
22:29		M45	2c	06Apr2003
22:18	Nuru Brown		6c	26Mar2006

**Before they were Belgravians**

16:17	Stephen Sharp (PUMA TVH)	28Mar1999
16:32		02Apr2000
17:46	Stephen Kennefick (London Irish AC)	

**Long Stage – 7,978 metres****Long stage record progression**

24:12	Andy Coleman (Enfield & Haringey)	1	28Mar1999
23:55	Justin Chaston	3	28Mar1999
23:37	Dave Taylor (Blackheath H)	5	28Mar1999
23:36	Mark Steinle (Blackheath H)	7	28Mar1999
23:27	Chris Thompson (Aldershot, Farnham & Dist AC)	7	02Apr2000
23:24	Keith Cullen (Highgate H)	3	04Apr2004
23:16	Keith Cullen (Highgate H)	3	03Apr2005

**Top individual all club runners**

23:16	Keith Cullen (Highgate H)	03Apr2005
23:24		04Apr2004
23:32		26Mar2006
23:27	Chris Thompson (Aldershot, Farnham & Dist AC)	02Apr2000
23:36	Mark Steinle (Blackheath H)	28Mar1999
23:36	Fiachra Lombard (Woodford Gn/Essex Ladies AC)	03Apr2005
23:37	Dave Taylor (Blackheath H)	28Mar1999
23:37	Nick Wetheridge (Basildon AC)	28Mar1999
23:38	Alistair Moses (Reigate Priory AC)	03Apr2005
23:42	Spencer Newport (Blackheath & Bromley H)	06Apr2003
23:43	Adrian Mussett (Colchester H)	08Apr2001
23:56		07Apr2002
23:43	Sam Haughian (Windsor Slough, Eton & Hounslow)	08Apr2001
23:45	Nick Francis (Shaftesbury Barnet H)	02Apr2000
23:47	Paul Evans (Belgrave H)	07Apr2002
23:48	Dave Mitchinson (Newham & Essex Beagles)	04Apr2004
23:55		03Apr2005
23:49	Martin Dent (Belgrave H)	06Apr2003
23:50	Rod Finch (Southampton RC)	02Apr2000
23:55		07Apr2002
23:50	Dominic Bannister (Shaftesbury Barnet H)	04Apr2004
23:58		02Apr2000
23:52	Mark Warmby (Newham & Essex Beagles)	06Apr2003
23:56		03Apr2005
23:54	Kris Bowditch (Newham & Essex Beagles)	07Apr2002
23:55	Justin Chaston (Belgrave H)	28Mar1999
23:57	Jermain Mays (Kent AC)	26Mar2006
23:59	Steve Body (Bedford & County AC)	04Apr2004
24:01	Andrew Morgan-Lee (Southampton RC)	28Mar1999
24:01	John McFarlane (Thames Hare & Hounds)	03Apr2005

**Belgrave all-time individual performances**

23:47	Paul Evans	M40 13.04.61	9a	07Apr2002
23:49	Martin Dent	08.07.79	9a	06Apr2003
23:55	Justin Chaston	16.08.86	3b	28Mar1999
24:04	Phil Wicks	14.03.83	9a	26Mar2006
24:21			7a	03Apr2005
24:08	David Anderson	02.10.77	11a	26Mar2006
24:34			9a	03Apr2005
24:12	Mike Trees	M40 26.09.62	1a	04Apr2004
24:18	Kevin Nash	06.02.77	5a	06Apr2003
24:40			7a	04Apr2004
24:42			1a	07Apr2002
24:47			11a	03Apr2005

	25:16		3a	08Apr2001			30:25	Rob Poulter		05.02.67	7c	26Mar2006
	25:28		5a	28Mar1999			30:30	Matthew Taylor	M45	05.12.60	1c	26Mar2006
24:21	Paul Freary	03.04.68	7a	02Apr2000			31:16	Harry Corbett	M45	16.02.58	5c	26Mar2006
	24:34		9a	08Apr2001				34:04			5c	03Apr2005
	24:34		3a	06Apr2003			31:42	Robert Norville		25.05.76	9c	26Mar2006
	24:43		9a	08Apr2001			33:12	Rex Bale	M55	29.11.45	1c	07Apr2002
	24:49		3a	07Apr2002				33:31	M55		3c	08Apr2001
24:26	Lee Hurst	29.07.72	9a	02Apr2000			34:29	Sam Baxendale		14.01.78	7c	05Apr2005
	24:46		7a	07Apr2002			35:44	Peter Coughlan	M55	18.01.45	9b	02Apr2000
	24:57		11a	28Mar1999								
24:41	Alaster Stewart	05.10.72	11a	07Apr2002								
	24:44		11a	08Apr2001								
	24:45		11a	06Apr2003								
	25:11		3a	02Apr2000								
24:43	Hassan Raidi	06.11.76	5a	04Apr2004								
	24:48		5a	26Mar2006								
	25:29		3a	03Apr2005								
24:50	Roger Alsop	16.01.65	1a	06Apr2003								
	24:51		5a	02Apr2000								
	25:03		1a	08Apr2001								
24:52	Tim Watson	28.06.73	7a	26Mar2006								
	25:01		5a	03Apr2005								
24:54	Simon Jones	29.11.83	3a	26Mar2006								
25:03	Will Cockerell	19.11.73	7a	06Apr2003								
	25:23		11a	04Apr2004								
	25:38		1a	03Apr2005								
	26:13		11a	02Apr2000								
	29:30		9b	28Mar1999								
25:05	Jason Lobo	18.09.69	9a	28Mar1999								
25:13	Richard Ward	U20 05.05.82	7a	08Apr2001								
25:19	Charles Herrington	28.09.71	3a	04Apr2004								
	25:57		5a	07Apr2002								
25:43	Rob McHarg	12.01.64	5a	08Apr2001								
25:44	Jim Estall		1a	02Apr2000								
	25:46		7a	28Mar1999								
25:47	Karl O'Connell	25.09.81	1b	26Mar2006								
25:58	Najibe Hliouat	28.08.77	1a	28Mar1999								
	26:03		1b	07Apr2002								
26:03	Junior Galley	24.05.62	1b	28Mar1999								
	26:03		1b	02Apr2000								
	26:53		3b	03Apr2005								
	27:08	M40	3b	04Apr2004								
	28:40	M40	7b	26Mar2006								
26:08	Andrew Swearman	01.02.79	1a	26Mar2006								
26:11	Knut Hegvold	M40 19.09.61	7b	06Apr2003								
26:23	Eliot Lyne	21.10.72	5b	03Apr2005								
26:30	Malachi Byansi	20.10.74	1c	08Apr2001								
	27:10		11b	26Mar2006								
	27:16		1b	06Apr2003								
	28:35		5b	07Apr2002								
	29:10		9b	04Apr2004								
26:32	Tim Weeks		1c	03Apr2005								
26:41	Lee Greatorex	16.07.75	3b	06Apr2003								
	27:55		1b	03Apr2005								
26:44	Warren Lynch	24.09.68	5b	26Mar2006								
	27:07		11b	06Apr2003								
	27:11		5b	04Apr2004								
	27:52		9b	03Apr2005								
	28:27	24.09.68	11b	08Apr2001								
26:45	Phil Carstairs	07.07.60	3a	28Mar1999								
	26:50		5b	08Apr2001								
26:46	Tom Hadfield	17.10.72	3b	26Mar2006								
26:49	Ray Foley	03.06.68	3b	07Apr2002								
26:50	Michael Kazimierski	06.05.70	5b	28Mar1999								
	27:15		9b	08Apr2001								
	27:20		3b	02Apr2000								
26:50	Lee Greatorex	16.07.75	1b	04Apr2004								
27:06	Charlie Dickinson	M50 26.04.48	3b	08Apr2001								
27:21	Lloyd Catley	17.10.73	9b	06Apr2003								
	27:58		9b	07Apr2002								
27:29	Mike Webb	04.10.67	1b	08Apr2001								
27:46	James Rogers	18.01.75	5b	02Apr2000								
27:46	Paul Coughlan		11b	02Apr2000								
28:14	Charlie Dickinson	M55	11b	04Apr2004								
28:16	Graeme Reid	M40 05.10.60	5b	06Apr2003								
28:17	Jerome Curtat	21.06.71	7b	28Mar1999								
28:30	John Charles	24.05.83	1c	04Apr2004								
28:35	Tony St Leger	M40 24.07.60	7b	04Apr2004								
	28:44	M40	9b	03Apr2005								
28:41	Stephen Zealey	26.11.65	3c	04Apr2004								
28:41	Bruce Barton	M40 02.02.64	9b	26Mar2006								
28:43	Matt Whiting	21.11.77	3c	03Apr2005								
28:46	Frank Ward	M45 18.11.57	11c	03Apr2005								
	29:33	M45	1c	06Apr2003								
28:59	Stuart Paton	24.05.63	7b	08Apr2001								
29:03	Don Anderson	M40 10.05.55	7b	02Apr2000								
	31:08	M45	3c	06Apr2003								
30:26	Charles Smith	05.03.79	3c	26Mar2006								

**Before they were Belgravians**

24:54	Charles Herrington (Milton Keynes AC)											28Mar1999
26:06	Joachim Wolf (Hillingdon AC)											28Mar1999

## Sources

MK result sheets 1999-2006; Athletics Weekly – 1999/03/31 p45-46; 2001/04/11 p26-27.