

Open University Campus, Milton Keynes 2000-2006

Course distance 5,506 metres

Notes

For individual performances, the number in the penultimate column indicates the stage and where present, a letter indicates the team; e.g. 4b = 4th stage for the B team. For teams, the penultimate column shows the team place. § = second run of the day.

Most successful clubs

	Gold	Silver	Bronze	Total
Shaftesbury Barnet H	4	2	-	6
Bedford & County AC	1	2	1	4
Winchester & District AC	1	-	1	2
South London H	1	-	-	1
Borough of Hounslow AC	-	1	-	1
Windsor, Slough Eton & Hounslow AC	-	1	-	1
Belgrave H	-	1	-	1
Highgate H	-	-	3	2
Thames Hare & Hounds	-	-	1	1
Woodford Green with Essex Ladies AC	-	-	1	1

Course record progression

1:56:51	Shaftesbury Barnet H	02Apr2000
1:56:51	Bedford & County AC	04Apr2004

Fastest teams

1:56:51	Shaftesbury Barnet H	1	02Apr2000
1:59:55		1	08Apr2001
2:00:22		1	07Apr2002
2:00:42		2	04Apr2004
2:01:26		2	06Apr2003
2:02:15		1	03Apr2005
1:56:51	Bedford & County AC	1	04Apr2004
2:00:56		2	26Mar2006
2:04:12		4	03Apr2005
2:01:45		3	06Apr2003
2:01:46		2	07Apr2002
1:57:49	Borough of Hounslow AC	2	02Apr2000
1:58:58	Winchester & District AC	1	26Apr2006
2:04:09		3	03Apr2005
2:00:38	Highgate H	-	06Apr2003
2:02:51		3	07Apr2002
2:04:03		4	02Apr2000
2:04:38		3	08Apr2001
2:04:59		5	03Apr2005
2:01:07	Thames Hare & Hounds	3	02Apr2000
2:01:13	South London Harriers	1	06Apr2003
2:01:54	Windsor, Slough, Eton & Hounslow AC	4	06Apr2003
2:02:35		2	08Apr2001
2:01:58	Woodford Green with Essex Ladies AC	3	26Mar2006
2:02:33	Belgrave H	2	03Apr2005
2:03:21		4	07Apr2002
2:02:33	Marshall Milton Keynes AC	4	26Apr2006
2:03:35	Headington Road Runners	5	06Apr2003
2:04:51		6	07Apr2002
2:03:59	Havant AC	5	07Apr2002
2:04:22	Arena 80	5	02Apr2000

Belgrave Teams

2:02:33	A – Birhan Dagne, Juliette Clark, Christine Bertram, Helen Smethurst, Mathilde Heaton, Victoria Clarke	2	03Apr2005
2:03:21	A – Maria Sharp, Juliette Clark, Jayne Lawrence, Tania Sturton, Syreeta Tracey, Julie Mitchell	4	07Apr2002
2:06:32	A – Juliette Clark, Rosie Powell, Tania Sturton, Louise Cooper, Helen Alsop, Maria Sharp	7	06Apr2003
2:06:54	A – Juliette Clark, Helen Alsop, Helen Smethurst, Rosie Powell, Mathilde Heaton, Louise Cooper	7	04Apr2004
2:07:01	A – Sarah Murphy, Catherine Bryson, Helen Smethurst, Tilly Heaton, Caroline Shanklyn, Vicky Clarke	8	26Mar2006
2:28:59	A - Tania Sturton, Jacqui Smiter, Juliette Clark, Jacqueline Emery, Catherine Eastham, Debbie Hearn	21	08Apr2001

Top individual all club runners

16:59	Sonia O'Sullivan (Thames Hare & Hounds)	02Apr2000
17:38	Natalie Harvey (South London Harriers)	06Apr2003
17:47	Liz Yelling (Bedford & County AC)	04Apr2004
17:58	Hayley Yelling (Borough of Hounslow AC)	02Apr2000
18:20	(Windsor, Slough Eton & Hounslow AC)	08Apr2001

18:25	Caroline Hoyte (Arena 80)	06Apr2003
18:34		08Apr2001
18:30	Lucy Elliott (Winchester & District AC)	26Mar2006
19:10	(Shaftesbury Barnet H)	02Apr2000
18:36	Sharon Morris (Bedford & County AC)	07Apr2002
19:00		03Apr2005
18:39	Jo Lodge (Borough of Hounslow AC)	02Apr2000
18:48	Birhan Dagne (Belgrave H)	03Apr2005
18:49	Sue Bradbury (Aldershot, Farnham & Dist. AC)	02Apr2000
18:50	Eleanor Baker (South London H)	03Apr2005
19:05		04Apr2004
18:52	Svenja Abel (Highgate H)	26Apr2006
18:54	M.Wannell (Exeter)	02Apr2000
18:55	Angela Joiner (Shaftesbury Barnet H)	02Apr2000
18:59	A.Green (Shaftesbury Barnet H)	06Apr2003
19:00	S.Miles (Hillingdon AC)	08Apr2001
19:00	Michaela McCallum (Winchester & Dist. AC)	04Apr2004
19:02	S.Simmons (Borough of Hounslow AC)	02Apr2000
19:02	A.Fletcher (Dulwich R)	07Apr2002
19:07	K.Wootton (Bedford & County AC)	04Apr2004
19:08	Michelle Lee (Milton Keynes AC)	26Mar2006
19:09		04Apr2004
19:09	L.Wood (Bedford & County AC)	06Apr2003
19:10	T.Galbraith (Headington Road Runners)	06Apr2003
19:10	J.Wright (Shaftesbury Barnet H)	04Apr2004

Belgrave individual performances

18:48	Birhan Dagne	08.04.78	1a	03Apr2005
19:19	Maria Sharp	08.12.73	1a	07Apr2002
19:45			6a	06Apr2003
19:33	Juliette Clark	W35 22.04.64	2a	07Apr2002
19:56		W35	3a	08Apr2001
20:10		W35	1a	04Apr2004
20:56		W40	2a	03Apr2005
21:01		W35	1a	06Apr2003
19:46	Julie Mitchell	03.10.74	6a	07Apr2002
20:11	Victoria Clarke	03.10.76	6a	03Apr2005
20:43			6a	26Mar2006
20:16	Mathilde Heaton	02.09.74	5a	03Apr2005
21:18			4a	26Mar2006
21:31			5a	04Apr2004
20:26	Sarah Murphy	26.07.77	1a	26Mar2006
20:38	Rosie Powell	02.03.84	2a	06Apr2003
21:27			4a	04Apr2004
20:39	Louise Cooper	25.08.75	6a	04Apr2004
21:12			1b	03Apr2005
21:32			4a	06Apr2003
20:42	Helen Smethurst	W40 06.10.64	4a	03Apr2005
20:53		W40	3a	26Mar2006
21:20		W35	3a	04Apr2004
21:12	Tania Sturton	19.12.78	4a	07Apr2002
21:40			1a	08Apr2001
21:46			3a	06Apr2003
21:27	Rosie Powell		4a	04Apr2004
21:31	Catherine Bryson	31.12.84	2a	26Mar2006
21:40	Christine Bertram	15.11.74	3a	03Apr2005
21:56			3b	26Mar2006
21:41	Jayne Lawrence	18.07.73	3a	07Apr2002
22:29			2b	03Apr2005
21:47	Helen Alsop	W35 23.09.67	2a	04Apr2004
21:50		W35	5a	06Apr2003
21:51	Syreeta Tracey	05.07.78	5a	07Apr2002
22:10	Carolyn Shanklyn	08.10.74	5a	26Mar2006
23:09	Catherine Eastham	10.05.71	4b	26Mar2006
24:27			5b	03Apr2005
26:20			5a	08Apr2001
23:36	Heidi Cayzer	17.05.75	1b	26Mar2006
23:52	Sarah Gailey	11.02.81	2b	26Mar2006
23:55			3b	03Apr2005
24:02	Debbie Hearn	01.04.82	6a	08Apr2001
24:06	Vicki Goodwin	06.05.77	5b	26Mar2006
27:48	Jacqueline Emery	09.02.70	4a	08Apr2001
29:13	Jacqui Smiter	19.06.72	2a	08Apr2001
30:14	Liz Lucas	05.10.71	4b	03Apr2005

Before they were Belgravians

19:47	Maria Sharp (PUMA TVH)	02Apr2000
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